

| Placing | Finish Time | Race # | Last name      | First name   | Age group | Swim Split | min/100m | Bike Split | Ave.  |           |         |
|---------|-------------|--------|----------------|--------------|-----------|------------|----------|------------|-------|-----------|---------|
|         |             |        |                |              |           |            |          |            | Speed | Run Split | min km  |
| 1       | 1:11:57     | 27     | Anderson       | Angie        | 30-39     | 0:12:22    | 0:01:39  | 0:37:11    | 32.3  | 0:22:24   | 0:04:29 |
| 2       | 1:12:18     | 44     | Daub           | Josie        | 30-39     | 0:11:11    | 0:01:29  | 0:37:24    | 32.1  | 0:23:43   | 0:04:45 |
| 3       | 1:13:33     | 98     | Graham         | Jennifer     | 20-29     | 0:13:21    | 0:01:47  | 0:37:22    | 32.1  | 0:22:50   | 0:04:34 |
| 4       | 1:15:26     | 85     | Johnston       | Amanda       | 20-29     | 0:14:52    | 0:01:59  | 0:39:06    | 30.7  | 0:21:28   | 0:04:18 |
| 5       | 1:15:37     | 92     | Brolsma        | Shelley      | 30-39     | 0:15:26    | 0:02:03  | 0:37:59    | 31.6  | 0:22:12   | 0:04:26 |
| 6       | 1:17:46     | 65     | Parsons-Olsson | Colleen      | 40-49     | 0:14:17    | 0:01:54  | 0:39:10    | 30.6  | 0:24:19   | 0:04:52 |
| 7       | 1:17:55     | 58     | Bateman        | Gina         | 30-39     | 0:14:42    | 0:01:58  | 0:40:45    | 29.4  | 0:22:28   | 0:04:30 |
| 8       | 1:19:20     | 10     | McCaffrey      | Janice       | 40-49     | 0:18:25    | 0:02:27  | 0:42:14    | 28.4  | 0:18:41   | 0:03:44 |
| 9       | 1:19:26     | 103    | Leckie-Cleaver | Cindy        | 40-49     | 0:15:37    | 0:02:05  | 0:39:48    | 30.2  | 0:24:01   | 0:04:48 |
| 10      | 1:19:46     | 71     | Webb           | Becky        | 20-29     | 0:11:30    | 0:01:32  | 0:43:42    | 27.5  | 0:24:34   | 0:04:55 |
| 11      | 1:20:04     | 64     | Gildenhuis     | Anne         | 20-29     | 0:13:45    | 0:01:50  | 0:40:08    | 29.9  | 0:26:11   | 0:05:14 |
| 12      | 1:20:50     | 13     | Kon            | Wendy        | 50-59     | 0:17:21    | 0:02:19  | 0:40:04    | 30.0  | 0:23:25   | 0:04:41 |
| 13      | 1:21:09     | 70     | Mullback       | Cara         | 20-29     | 0:14:33    | 0:01:56  | 0:42:58    | 27.9  | 0:23:38   | 0:04:44 |
| 14      | 1:21:22     | 39     | Oldfield       | Shanlee      | 20-29     | 0:13:11    | 0:01:45  | 0:42:44    | 28.1  | 0:25:27   | 0:05:05 |
| 15      | 1:21:25     | 82     | Dowse          | Susan        | 30-39     | 0:15:44    | 0:02:06  | 0:41:45    | 28.7  | 0:23:56   | 0:04:47 |
| 16      | 1:21:38     | 108    | Skleryk        | Julia        | 16-19     | 0:16:09    | 0:02:09  | 0:41:26    | 29.0  | 0:24:03   | 0:04:49 |
| 17      | 1:22:13     | 86     | Perry          | Marion       | 40-49     | 0:17:22    | 0:02:19  | 0:43:09    | 27.8  | 0:21:42   | 0:04:20 |
| 18      | 1:22:37     | 9      | Harms          | Jeannie      | 30-39     | 0:18:28    | 0:02:28  | 0:40:45    | 29.4  | 0:23:24   | 0:04:41 |
| 19      | 1:22:38     | 16     | Dorren         | Lorry        | 40-49     | 0:14:28    | 0:01:56  | 0:41:15    | 29.1  | 0:26:55   | 0:05:23 |
| 20      | 1:23:35     | 50     | Morice         | Lyndsey-Kate | 20-29     | 0:13:49    | 0:01:51  | 0:44:29    | 27.0  | 0:25:17   | 0:05:03 |
| 21      | 1:23:39     | 23     | Gossmann       | Pamela       | 40-49     | 0:15:52    | 0:02:07  | 0:42:37    | 28.2  | 0:25:10   | 0:05:02 |
| 22      | 1:24:02     | 59     | Schurtz        | Julia        | 20-29     | 0:14:35    | 0:01:57  | 0:44:05    | 27.2  | 0:25:22   | 0:05:04 |
| 22      | 1:24:02     | 18     | Sparling       | Susan        | 40-49     | 0:16:46    | 0:02:14  | 0:41:27    | 29.0  | 0:25:49   | 0:05:10 |
| 24      | 1:24:06     | 51     | Gurney         | Rachel       | 30-39     | 0:16:21    | 0:02:11  | 0:41:06    | 29.2  | 0:26:39   | 0:05:20 |
| 24      | 1:24:06     | 61     | Robinson       | Lori         | 30-39     | 0:13:20    | 0:01:47  | 0:44:28    | 27.0  | 0:26:18   | 0:05:16 |
| 25      | 1:24:24     | 41     | Black          | Tara         | 30-39     | 0:12:01    | 0:01:36  | 0:44:36    | 26.9  | 0:27:47   | 0:05:33 |
| 26      | 1:25:32     | 43     | Brown          | Valerie      | 40-49     | 0:15:58    | 0:02:08  | 0:44:04    | 27.2  | 0:25:30   | 0:05:06 |
| 27      | 1:25:33     | 67     | Nitschke       | Tracy        | 20-29     | 0:16:05    | 0:02:09  | 0:42:18    | 28.4  | 0:27:10   | 0:05:26 |
| 28      | 1:26:08     | 110    | Wacowich       | Jody         | 20-29     | 0:15:13    | 0:02:02  | 0:43:33    | 27.6  | 0:27:22   | 0:05:28 |
| 29      | 1:26:12     | 96     | Elias          | Sonya        | 20-29     | 0:13:51    | 0:01:51  | 0:44:57    | 26.7  | 0:27:24   | 0:05:29 |
| 30      | 1:26:13     | 17     | Richie         | Suzanne      | 40-49     | 0:16:15    | 0:02:10  | 0:45:39    | 26.3  | 0:24:19   | 0:04:52 |
| 31      | 1:26:13     | 32     | Hnatiuk        | Jo-Ann       | 30-39     | 0:16:28    | 0:02:12  | 0:44:06    | 27.2  | 0:25:39   | 0:05:08 |
| 32      | 1:27:06     | 87     | Perry          | Hilary       | 16-19     | 0:11:14    | 0:01:30  | 0:50:47    | 23.6  | 0:25:05   | 0:05:01 |
| 33      | 1:27:17     | 37     | Veltri         | Desiree      | 40-49     | 0:16:22    | 0:02:11  | 0:45:19    | 26.5  | 0:25:36   | 0:05:07 |

|    |         |     |                 |           |       |         |         |         |      |         |         |
|----|---------|-----|-----------------|-----------|-------|---------|---------|---------|------|---------|---------|
| 34 | 1:27:24 | 46  | Cody            | Sheryl    | 20-29 | 0:18:05 | 0:02:25 | 0:42:31 | 28.2 | 0:26:48 | 0:05:22 |
| 35 | 1:27:31 | 42  | Garga           | Neera     | 30-39 | 0:15:38 | 0:02:05 | 0:46:20 | 25.9 | 0:25:33 | 0:05:07 |
| 36 | 1:27:59 | 104 | Fletcher        | Michelle  | 16-19 | 0:11:17 | 0:01:30 | 0:42:33 | 28.2 | 0:34:09 | 0:06:50 |
| 37 | 1:28:18 | 78  | Sterna          | Melissa   | 30-39 | 0:14:23 | 0:01:55 | 0:48:44 | 24.6 | 0:25:11 | 0:05:02 |
| 38 | 1:28:30 | 73  | Roy             | Gisele    | 20-29 | 0:17:06 | 0:02:17 | 0:45:17 | 26.5 | 0:26:07 | 0:05:13 |
| 39 | 1:28:31 | 12  | Davidson        | Elaine    | 40-49 | 0:14:02 | 0:01:52 | 0:44:00 | 27.3 | 0:20:29 | 0:04:06 |
| 40 | 1:28:58 | 75  | Hood            | Mary Lynn | 30-39 | 0:16:07 | 0:02:09 | 0:46:58 | 25.6 | 0:25:53 | 0:05:11 |
| 41 | 1:28:59 | 77  | Roberts         | Catherine | 50-59 | 0:15:51 | 0:02:07 | 0:43:21 | 27.7 | 0:29:47 | 0:05:57 |
| 42 | 1:29:07 | 28  | Tillotson       | Katherine | 30-39 | 0:16:31 | 0:02:12 | 0:45:33 | 26.3 | 0:27:03 | 0:05:25 |
| 43 | 1:29:14 | 2   | Fudge           | Kym       | 30-39 | 0:16:02 | 0:02:08 | 0:47:06 | 25.5 | 0:26:06 | 0:05:13 |
| 44 | 1:29:46 | 88  | Perry           | Audrey    | 16-19 | 0:11:01 | 0:01:28 | 0:52:40 | 22.8 | 0:26:05 | 0:05:13 |
| 45 | 1:30:03 | 72  | Parker          | Susan     | 30-39 | 0:15:35 | 0:02:05 | 0:46:01 | 26.1 | 0:28:27 | 0:05:41 |
| 46 | 1:30:12 | 74  | Molotkow        | Megan     | 40-49 | 0:18:06 | 0:02:25 | 0:44:50 | 26.8 | 0:27:16 | 0:05:27 |
| 47 | 1:30:24 | 91  | Booth           | Paula     | 30-39 | 0:15:31 | 0:02:04 | 0:48:28 | 24.8 | 0:16:25 | 0:03:17 |
| 48 | 1:30:29 | 68  | Troschke        | Angela    | 30-39 | 0:25:19 | 0:03:23 | 0:42:18 | 28.4 | 0:22:52 | 0:04:34 |
| 49 | 1:31:10 | 40  | Marshall        | Tanis     | 30-39 | 0:17:48 | 0:02:22 | 0:46:07 | 26.0 | 0:27:15 | 0:05:27 |
| 49 | 1:31:10 | 93  | Cannell         | Annette   | 30-39 | 0:15:56 | 0:02:07 | 0:47:07 | 25.5 | 0:28:07 | 0:05:37 |
| 51 | 1:31:15 | 111 | Wagstaff        | Marina    | 30-39 | 0:18:44 | 0:02:30 | 0:42:50 | 28.0 | 0:29:41 | 0:05:56 |
| 52 | 1:31:21 | 55  | Urban           | Anna      | 20-29 | 0:19:00 | 0:02:32 | 0:47:10 | 25.4 | 0:25:11 | 0:05:02 |
| 53 | 1:31:52 | 36  | Hayner          | Veronica  | 30-39 | 0:17:17 | 0:02:18 | 0:45:25 | 26.4 | 0:29:10 | 0:05:50 |
| 54 | 1:31:57 | 45  | Aldridge-Jensen | Kandi     | 30-39 | 0:16:37 | 0:02:13 | 0:47:42 | 25.2 | 0:27:38 | 0:05:32 |
| 55 | 1:32:00 | 47  | Thorne          | Lori      | 20-29 | 0:18:04 | 0:02:25 | 0:44:05 | 27.2 | 0:29:51 | 0:05:58 |
| 56 | 1:32:04 | 97  | Gillespie       | Bonena    | 40-49 | 0:19:36 | 0:02:37 | 0:44:05 | 27.2 | 0:28:23 | 0:05:41 |
| 57 | 1:32:19 | 95  | Coderre         | Annette   | 30-39 | 0:20:23 | 0:02:43 | 0:44:11 | 27.2 | 0:27:45 | 0:05:33 |
| 58 | 1:32:25 | 99  | Hardardt        | Katherine | 30-39 | 0:15:03 | 0:02:00 | 0:48:22 | 24.8 | 0:29:00 | 0:05:48 |
| 59 | 1:32:29 | 89  | Coles           | Vivian    | 40-49 | 0:16:41 | 0:02:13 | 0:49:50 | 24.1 | 0:25:58 | 0:05:12 |
| 60 | 1:32:49 | 6   | Yau             | Jo-Anne   | 20-29 | 0:13:24 | 0:01:47 | 0:49:58 | 24.0 | 0:29:27 | 0:05:53 |
| 61 | 1:33:09 | 81  | Connery         | Sandy     | 30-39 | 0:18:51 | 0:02:31 | 0:44:36 | 26.9 | 0:29:42 | 0:05:56 |
| 62 | 1:33:16 | 105 | Sabey           | Julie     | 30-39 | 0:17:49 | 0:02:23 | 0:42:55 | 28.0 | 0:32:32 | 0:06:30 |
| 63 | 1:33:32 | 35  | Shaw            | Stephanie | 20-29 | 0:19:18 | 0:02:34 | 0:47:43 | 25.1 | 0:26:31 | 0:05:18 |
| 64 | 1:33:40 | 3   | Enno            | Debbie    | 30-39 | 0:15:51 | 0:02:07 | 0:49:00 | 24.5 | 0:28:49 | 0:05:46 |
| 65 | 1:34:03 | 15  | Bishop          | Gillian   | 20-29 | 0:17:10 | 0:02:17 | 0:51:32 | 23.3 | 0:25:21 | 0:05:04 |
| 66 | 1:34:08 | 76  | Fuechter-Field  | Ivonne    | 30-39 | 0:17:21 | 0:02:19 | 0:49:13 | 24.4 | 0:27:34 | 0:05:31 |
| 67 | 1:35:01 | 69  | Skene           | Catherine | 40-49 | 0:14:33 | 0:01:56 | 0:50:31 | 23.8 | 0:29:57 | 0:05:59 |
| 68 | 1:36:40 | 102 | Lay             | Mary      | 20-29 | 0:18:00 | 0:02:24 | 0:49:46 | 24.1 | 0:28:54 | 0:05:47 |
| 69 | 1:37:11 | 5   | Bagley          | Robyn     | 30-39 | 0:17:04 | 0:02:17 | 0:50:19 | 23.8 | 0:29:48 | 0:05:58 |
| 70 | 1:37:13 | 62  | Juzwishin       | Kelsey    | 20-29 | 0:13:06 | 0:01:45 | 0:49:05 | 24.4 | 0:35:02 | 0:07:00 |

|     |         |     |              |           |       |         |         |         |      |         |         |
|-----|---------|-----|--------------|-----------|-------|---------|---------|---------|------|---------|---------|
| 71  | 1:37:16 | 48  | Rico         | Melissa   | 20-29 | 0:18:18 | 0:02:26 | 0:48:49 | 24.6 | 0:30:09 | 0:06:02 |
| 72  | 1:37:38 | 26  | Hilton       | Rosalyn   | 30-39 | 0:19:01 | 0:02:32 | 0:50:22 | 23.8 | 0:28:15 | 0:05:39 |
| 73  | 1:38:14 | 21  | Daly         | Tanice    | 30-39 | 0:20:45 | 0:02:46 | 0:50:27 | 23.8 | 0:27:02 | 0:05:24 |
| 74  | 1:38:37 | 56  | McCool       | Julianne  | 30-39 | 0:21:49 | 0:02:55 | 0:47:31 | 25.3 | 0:29:17 | 0:05:51 |
| 75  | 1:38:39 | 60  | Breitkreutz  | Andrea    | 20-29 | 0:15:27 | 0:02:04 | 0:50:50 | 23.6 | 0:32:22 | 0:06:28 |
| 76  | 1:38:55 | 7   | Gjerdrum     | Vera      | 60-69 | 0:20:05 | 0:02:41 | 0:45:34 | 26.3 | 0:33:16 | 0:06:39 |
| 77  | 1:39:00 | 66  | Woodard      | Michelle  | 30-39 | 0:18:11 | 0:02:25 | 0:48:03 | 25.0 | 0:32:46 | 0:06:33 |
| 78  | 1:40:33 | 19  | Marshall     | Lynn      | 40-49 | 0:19:11 | 0:02:33 | 0:53:46 | 22.3 | 0:27:36 | 0:05:31 |
| 79  | 1:40:54 | 29  | Joudrie      | Michelle  | 30-39 | 0:13:24 | 0:01:47 | 0:52:40 | 22.8 | 0:34:50 | 0:06:58 |
| 80  | 1:41:00 | 54  | Saver        | Michelle  | 30-39 | 0:18:29 | 0:02:28 | 0:51:10 | 23.5 | 0:31:21 | 0:06:16 |
| 81  | 1:41:06 | 25  | Palichuk     | Jennifer  | 40-49 | 0:17:38 | 0:02:21 | 0:50:42 | 23.7 | 0:32:46 | 0:06:33 |
| 82  | 1:41:11 | 24  | Welsh-Moser  | Shannon   | 30-39 | 0:17:33 | 0:02:20 | 0:49:00 | 24.5 | 0:34:38 | 0:06:56 |
| 83  | 1:41:16 | 31  | Lines        | Danielle  | 20-29 | 0:17:38 | 0:02:21 | 0:49:19 | 24.3 | 0:34:19 | 0:06:52 |
| 84  | 1:41:22 | 57  | Coutts       | Kimberly  | 30-39 | 0:21:00 | 0:02:48 | 0:53:06 | 22.6 | 0:27:16 | 0:05:27 |
| 85  | 1:42:01 | 22  | Mengel       | Catherine | 30-39 | 0:20:51 | 0:02:47 | 0:53:24 | 22.5 | 0:27:46 | 0:05:33 |
| 86  | 1:42:23 | 109 | Veno         | Gayle     | 50-59 | 0:17:05 | 0:02:17 | 0:47:25 | 25.3 | 0:37:53 | 0:07:35 |
| 87  | 1:42:44 | 8   | Sanderson    | Jaime     | 20-29 | 0:18:59 | 0:02:32 | 0:53:38 | 22.4 | 0:30:07 | 0:06:01 |
| 88  | 1:43:39 | 4   | Thompson     | Krista    | 20-29 | 0:14:26 | 0:01:55 | 0:54:18 | 22.1 | 0:34:55 | 0:06:59 |
| 89  | 1:43:56 | 106 | Schroder     | Erica     | 30-39 | 0:19:23 | 0:02:35 | 0:49:49 | 24.1 | 0:34:44 | 0:06:57 |
| 90  | 1:44:04 | 94  | Christenson  | Cathie    | 30-39 | 0:20:51 | 0:02:47 | 0:50:23 | 23.8 | 0:32:50 | 0:06:34 |
| 91  | 1:44:36 | 80  | Van Dyke     | Linda     | 40-49 | 0:15:58 | 0:02:08 | 0:56:54 | 21.1 | 0:31:44 | 0:06:21 |
| 92  | 1:44:41 | 79  | Roth         | Sylvie    | 30-39 | 0:16:04 | 0:02:09 | 0:56:54 | 21.1 | 0:31:43 | 0:06:21 |
| 93  | 1:45:08 | 11  | McLachlan    | Marilyn   | 30-39 | 0:17:29 | 0:02:20 | 0:54:13 | 22.1 | 0:33:26 | 0:06:41 |
| 94  | 1:45:57 | 49  | Millar       | Cassie    | 20-29 | 0:15:21 | 0:02:03 | 0:55:12 | 21.7 | 0:35:24 | 0:07:05 |
| 95  | 1:47:37 | 34  | Chadwick     | Dasa      | 30-39 | 0:17:44 | 0:02:22 | 0:57:46 | 20.8 | 0:32:07 | 0:06:25 |
| 96  | 1:48:58 | 38  | Fehsenfeld   | Monique   | 20-29 | 0:14:37 | 0:01:57 | 0:53:50 | 22.3 | 0:40:31 | 0:08:06 |
| 97  | 1:49:37 | 1   | Perron-Allan | Michelle  | 40-49 | 0:20:06 | 0:02:41 | 0:50:27 | 23.8 | 0:39:04 | 0:07:49 |
| 98  | 1:50:58 | 14  | Christie     | Rebecca   | 20-29 | 0:23:18 | 0:03:06 | 0:52:40 | 22.8 | 0:35:00 | 0:07:00 |
| 99  | 1:55:28 | 30  | Thorne       | Patrizia  | 40-49 | 0:24:04 | 0:03:13 | 0:57:52 | 20.7 | 0:33:32 | 0:06:42 |
| 100 | 1:57:22 | 53  | Barron       | Natasha   | 30-39 | 0:19:29 | 0:02:36 | 1:04:16 | 18.7 | 0:33:37 | 0:06:43 |
| 101 | 2:00:26 | 52  | Grajczyk     | Karie     | 20-29 | 0:19:25 | 0:02:35 | 1:02:59 | 19.1 | 0:38:02 | 0:07:36 |
| 102 | 2:04:00 | 101 | Lammirato    | Mary      | 40-49 | 0:24:35 | 0:03:17 | 0:57:52 | 20.7 | 0:41:33 | 0:08:19 |
|     | dnf     | 63  | Jackson      | Danielle  | 30-39 | 0:16:35 | 0:02:13 | 0:37:42 | 31.8 | dnf     | dnf     |
|     | dns     | 20  | McKay        | Tara      | 50-59 |         |         |         |      |         |         |
|     | dns     | 33  | Penny        | Sarah     | 30-39 |         |         |         |      |         |         |
|     | dns     | 83  | Doucet       | Chantal   | 30-39 |         |         |         |      |         |         |
|     | dns     | 84  | Brown        | Janice    | 30-39 |         |         |         |      |         |         |

|  |     |     |           |         |       |  |  |  |  |  |  |
|--|-----|-----|-----------|---------|-------|--|--|--|--|--|--|
|  | dns | 90  | Alexander | Joanne  | 30-39 |  |  |  |  |  |  |
|  | dns | 100 | Johnson   | Amanda  | 20-29 |  |  |  |  |  |  |
|  | dns | 107 | Siler     | Caryn   | 20-29 |  |  |  |  |  |  |
|  | dns | 112 | Wennberg  | Aynsley | 20-29 |  |  |  |  |  |  |